DRAFT Minutes 9/8/10 mtg

Marilyn Baughman, Jeanne Bourquin, Melanie Curtis, Traci Dumond, Georgia Girvan, Myrna Harris, Amy Jeppesen, Dorie Langer, Cindy Miller, Darren Richman, Sandy Jones, Laura Thomas, DeLanie Valentine and guest presenter, Jim Tibbs

Provider subcommittee 9:15 a.m.

Kathy Skippen provided an update on several items.

Currently the SUDS budget is \$500,000 over budget, when the spend rate is compared to the budgeted rate. The ODP is coordinating a call among ISCA members to discuss next steps regarding the budget sometime the last week of September.

The Access to Recovery Grant announcement should be public on October 1, 2010.

SUDS staff attended a States System Development Conference in Baltimore. The conference included information on electronic health records. Idaho is positioned well as we have FEI and Chestnut as vendors and these are two of the leading products discussed at the conference. Michael Dennis of Chestnut is currently analyzing Idaho GAIN I data (Idaho is 10% of the 60,000 records they have to analyze).

The accountability group has been working on information releases. It is expected that at some point in the future WITS will be fully utilized for releases and a mechanism for all providers will be available. Currently only treatment providers completing GAIN I's have access to WITS.

Darren reported that AACT Idaho is working on issues for the next legislative session and encouraged all providers to become actively involved with ACCT Idaho.

Full RAC meeting convened at 10:00 a.m.

Minutes from the May 12, 2010 meeting were approved with corrects received prior the meeting.

Training needs for Region 4 RAC were discussed. Laura will send out an email to solicit needs, topics, and ideas. It is important to initiate any training plans prior to February so that expenses will be cleared in the budget prior to the middle of June 2011.

Current regional projects focus on the Rx Drug Take Back Events planned for September 25, 2010. Events are planned for Glenns Ferry, Idaho City, Garden Valley, Horseshoe Bend, Cascade, McCall, Kuna, Eagle and the Public Safety Building in Ada County. Laura is actively supporting the events with publicity, brochures and other information as needed.

Jim Tibbs presented information on the Rural Law Enforcement Meth Initiative. The project is funded by a grant that will last two years (year one has already passed). There are three main areas of emphasis:

HIDTA Program status – Idaho is one of few states that does not have High Intensity Drug Trafficking Area status. This status would help with enforcement.

Pseudoephedrine legislation. Idaho code is different than federal law. Plans are to introduce legislation to bring Idaho's code consistent with the more specific federal law and thus reduce confusion that currently exists.

Coalition Building – plans are for three mini-conferences in the rural parts of Idaho, possible regions 6/7, 5 and 1.

Networking Update

Darren Richman reported that Ascent is opening an office in Mountain Home and is continuing to provide services with Easter Seals Goodwill.

Sandy Jones of Ada County Sheriffs Office reported that they will start to conduct screenings for SA and MH for all clients at booking, starting by November. Their goal is to have a data driven, best practice approach. When they have access to WITS it would be an opportunity to use the GAIN SS and populate the database with screening information.

Myrna Harris of Ada County Sheriff's Office is working on the three Rx Drug Take back events in Eagle, Kuna and at the Public Safety Building at Barrister. Crime Stoppers will join in at the PSB with a shredding collection site. Volunteers may be needed for PSB and Kuna.

Melanie Curtis from SHIP reported that they are in the final stages of an agreement for a grant that will provide 9 beds for homeless veterans. They are also working on a HUD grant that will provide 10 beds for the chronically homeless. A third program they are working on will provide 10 beds for 90 days for post-detox services. On the sadder side, they have closed 5 houses since last fall and now have 7 operating.

Amy Jeppesen from Recovery4Life reported that they will begin their IOP program on September 20th (M-Th for Adults, 6 to 8:30 pm) and their adolescent program will begin next week (M, W, Th from 4 to 6 pm). They also offer CSC level 1, cognitive behavior thought education, and anger management. Amy noted that there is a GAINS training scheduled for October 22 at BSU. There is one training slot open and interested parties can contact her. The cost is \$600.

Georgia Girvan from RADAR reported that they have a new web page with a shopping cart option. Once a customer completes an order, the information is retained so the contact information does not have to be entered again. She shared new resources that are available and invited everyone to see their new location — in the same building but through the glass doors.

Dorie Langer from the Center for Behavioral Health reported they continue to provide services in two locations.

Jeanne Bourquin and Traci Dumond from Pioneer Health Resources are in the final stages of program approval.

Marilyn Baughman from Intermountain Hospital shared information on the suicide support group that meets the 2nd Tuesday of the month from noon to 1 pm at Intermountain. Anyone is welcome; survivors, family members, professionals and others whose lives have been touched by suicide. She also shared a list of support group meetings (see attachments). New options may be available at Intermountain – stay tuned for future developments.

Cindy Miller from Allumbaugh House reported that in the first 4 months, nearly 400 patients have been seen so far and the number of inquiries from the public exceeds 1,000. There is a high demand for detoxification from prescription medications. It is a higher level of demand than they expected when the center opened. They have an alum group meeting each week, three AA groups meet on site, and El Ada is providing education for Hepatitis and other infectious disease prevention. October 1 is the start of their new fiscal year.

The providers subcommittee will meet in October; time and place to be announced. The next full RAC meeting will be on November 10, 2010 at this same location (Ada County Sheriff's Office). Meeting was adjourned at noon.

Support Groups at Intermountain Hospital

303 North Allumbaugh

Boise, Idaho 83704

208-377-8400

1) Because I Love You: A free parent support group held every Tuesday from 7:00-9:30 at Intermountain hospital. Tough love Group: This group will help you find answers to some of these frequently asked questions: Why don't they listen to the rules? How can I tell if my child is using or has used illegal substances? Is there help from the school system? Juvenile Justice System, Friend or Foe? My child won't follow curfew. What can I do? For more information: Leone: 208-484-1541. Alice: 208-461-3385. Donna: 208-345-1539

2) Depression and Bipolar Support Group:

Meeting every Monday night at Intermountain Hospital at 7:00 P.M. This group improves the
lives of people with mood disorders and for individuals and their family members. "The grand
essentials of happiness are: something to do, something to love, and something to hope for."
This group is a peer-led support group with education, empowerment, advocacy, sharing,
recovery, friendship, confidentiality and group activities. Contact person is Maggie M. at 208794-8505.

3.) <u>Dual Recovery Anonymous Meeting:</u>

- This is a 12 step self-help program that is based on the principals of the Twelve Steps and the experiences of men and women in recovery with a dual diagnosis. The DRA program helps us recover from both our chemical dependency and our emotional or psychiatric illness by focusing on relapse prevention and actively improving the quality of our lives. In a community of mutual support, we learn to avoid the risks that lead back to alcohol and drug use as well as reducing the symptoms of our emotional or psychiatric illness.
- This is a non-profit organization. No charges, dues or fees and newcomers do not need a referral
 from a professional service provider. There are only two requirements for this no cost group: 1.
 A desire to stop using alcohol and other intoxication drugs. 2. A desire to manage our emotional
 or psychiatric illness in a healthy and constructive way.
- Contact person is Frank at 345-3396. <u>Http://www.draonline.org</u> Meetings are every Thursday at 6:00 PM to 7:00 PM.